

java.text.**SimpleDateFormat**

Letter	Date or Time Component	Examples
G	Era designator	AD
y	Year	1996; 96
M	Month in year	July; Jul; 07
w	Week in year	27
W	Week in month	2
D	Day in year	189
d	Day in month	10
F	Day of week in month	2
E	Day in week	Tuesday; Tue
a	Am/pm marker	PM
H	Hour in day (0-23)	0
k	Hour in day (1-24)	24
K	Hour in am/pm (0-11)	0
h	Hour in am/pm (1-12)	12
m	Minute in hour	30
s	Second in minute	55
S	Millisecond	978
z	Time zone	Pacific Standard Time; PST; GMT-08:00
Z	Time zone	-0800

Source: <http://download.oracle.com/javase/6/docs/api/java/text/SimpleDateFormat.html>

